

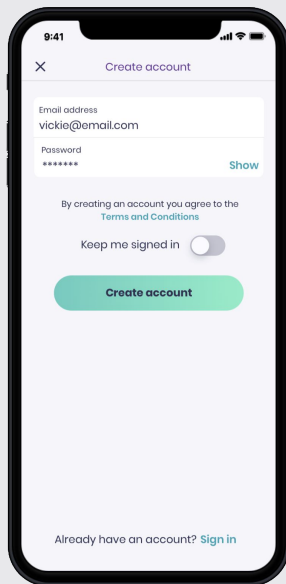


**Carebook**  
**MY VITALS**  
COVID-19

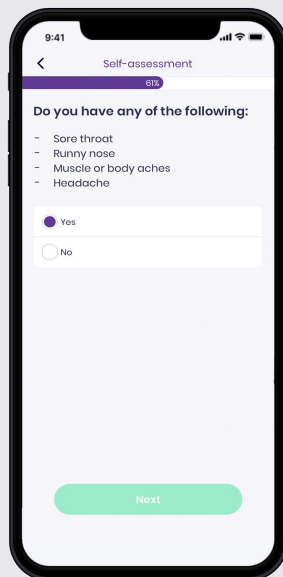
[carebook.com](https://carebook.com)

# FOUR EASY STEPS TO GET GUIDANCE

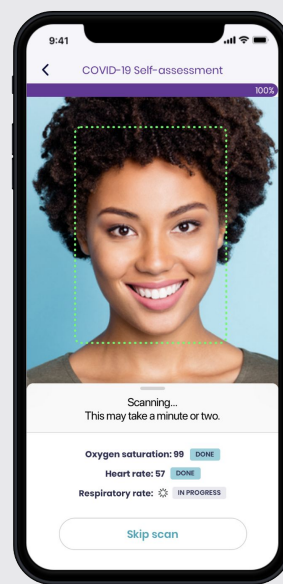
Check your vitals and symptoms to get immediate COVID-19 guidance



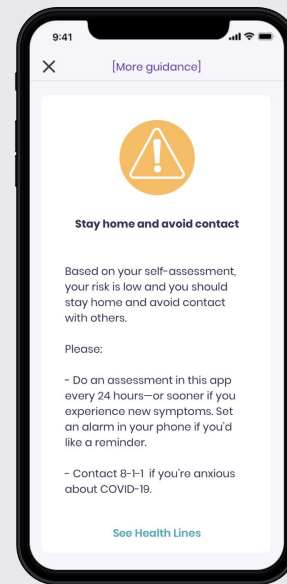
STEP 1  
**ACCOUNT CREATION  
& ONBOARDING**



STEP 2  
**ASSESSMENT**

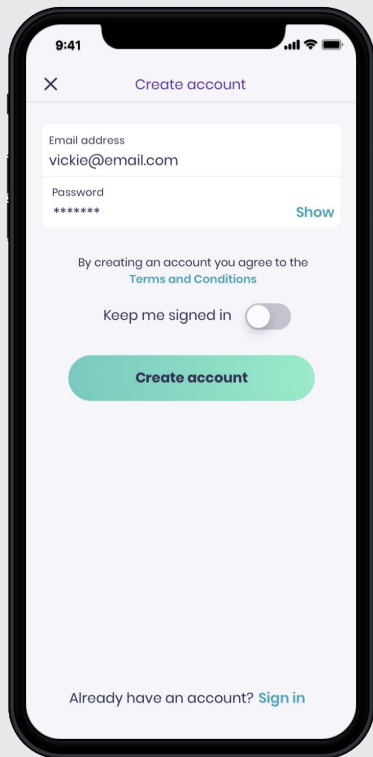


STEP 3  
**VITALS SCAN**



STEP 4  
**GUIDANCE**

# STEP 1: ACCOUNT CREATION & ONBOARDING



9:41 Create account

Email address  
vickie@email.com

Password  
\*\*\*\*\* [Show](#)

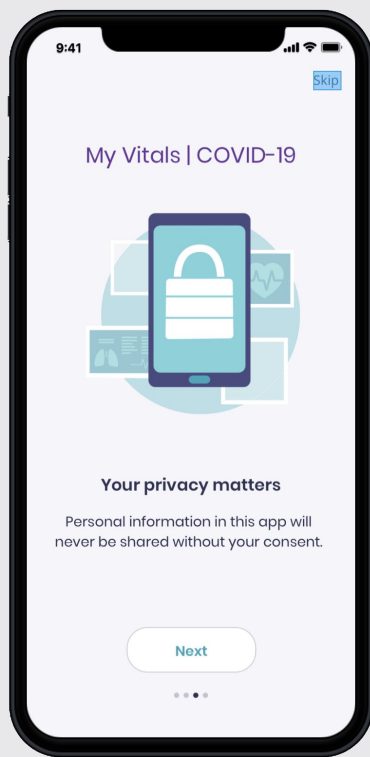
By creating an account you agree to the [Terms and Conditions](#)

Keep me signed in ☐

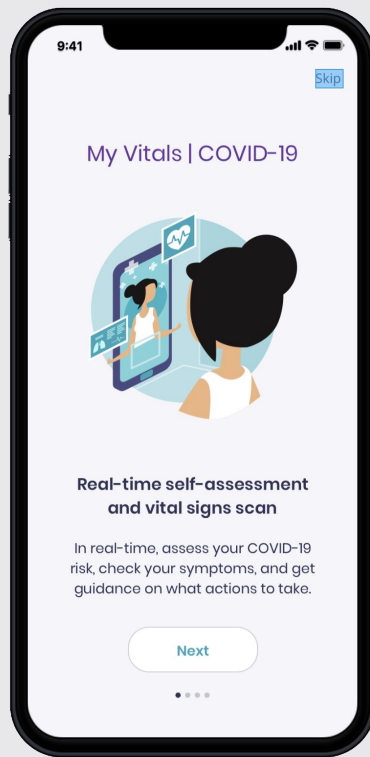
Create account

Already have an account? [Sign in](#)

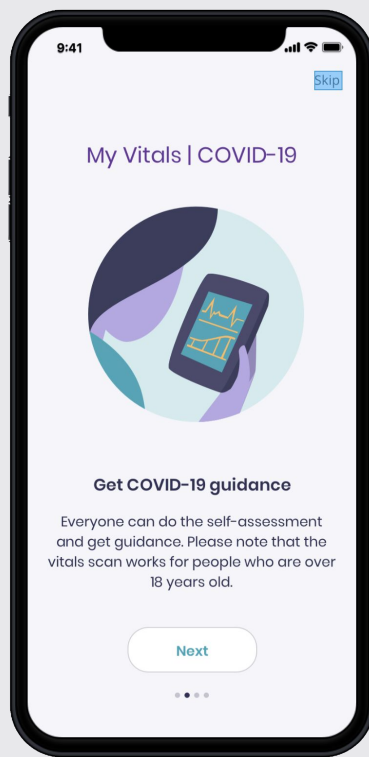
ACCOUNT CREATION



PRIVACY OVERVIEW



VITALS OVERVIEW




GUIDANCE OVERVIEW

## STEP 2: SELF ASSESSMENT

9:41

COVID-19  
Self-assessment



Created with medical  
professionals

This self-assessment was developed in  
collaboration with Jewish General  
Hospital in Montreal, Canada.

Next

....

9:41

< COVID-19 Self-assessment

20%

Do you have a new cough  
or one that is getting  
worse?

☒ Yes

☐ No

Next

9:41

< COVID-19 Self-assessment

40%

Do you have any of the  
following conditions:  
Diabetes, heart disease,  
active cancer, history of  
stroke, asthma, COPD,  
dialysis?

☒ Yes

☐ No

Next

9:41

< COVID-19 Self-assessment

75%

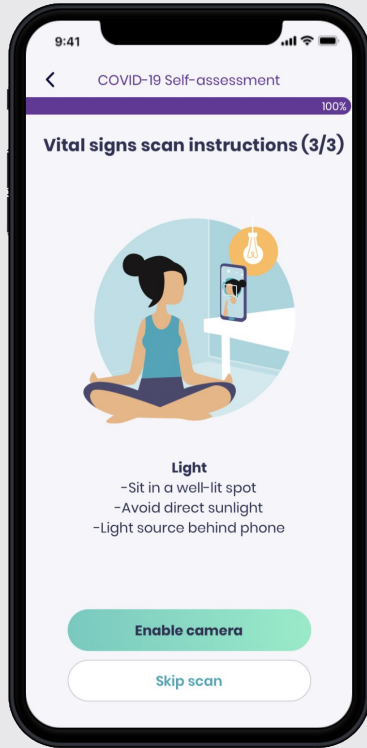
Have you taken any  
medication (like Tylenol or  
Advil) in the last 6 hours  
that might lower your  
temperature?

☒ Yes

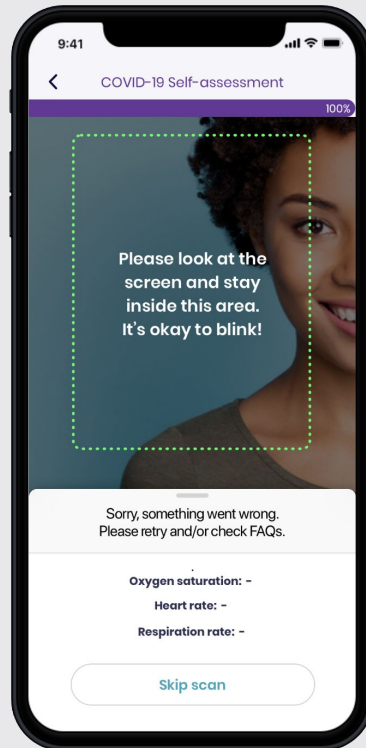
☐ No

Next

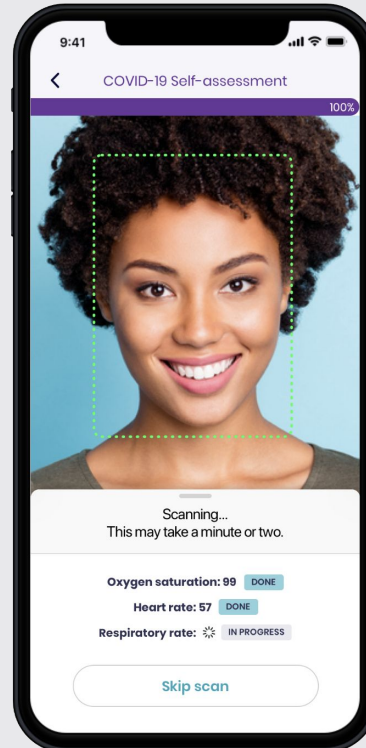
## STEP 3: VITAL SCAN



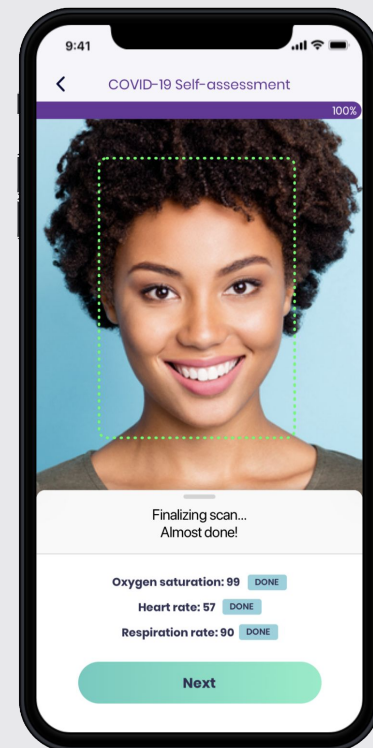
SCAN INSTRUCTIONS



SCAN START



SCAN PROCESSING



SCAN COMPLETE

# VITALS

**Specific vital signs may be impacted when there is an infection in the lungs, which can be caused by COVID-19, flu, or another illness.**



**OXYGEN SATURATION**  
can decrease



**HEART RATE**  
can increase



**RESPIRATORY RATE**  
can increase

# VITAL SCAN (HOW IT WORKS)

The scan is done using rPPG: remote photoplethysmography



FACE DETECTION



FACE TRACKING



MOTION  
COMPENSATION

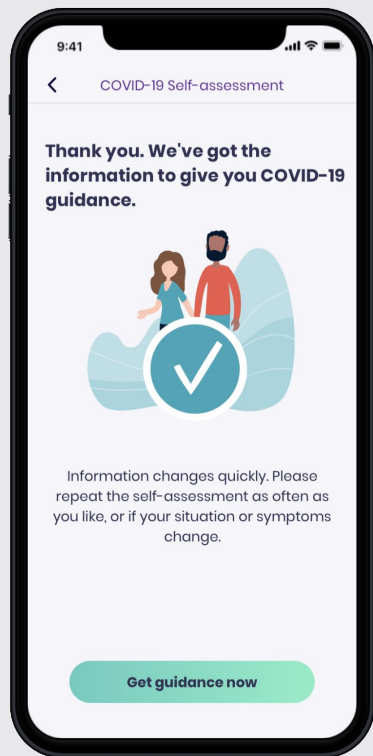


ILLUMINATION  
COMPENSATION

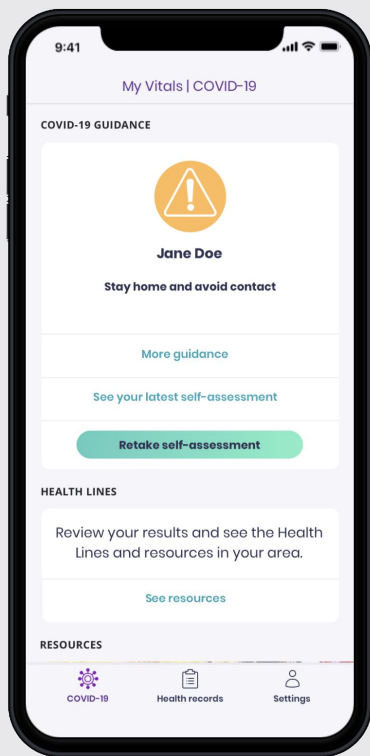


AREA OF INTEREST -  
SIGNAL EXTRACTION

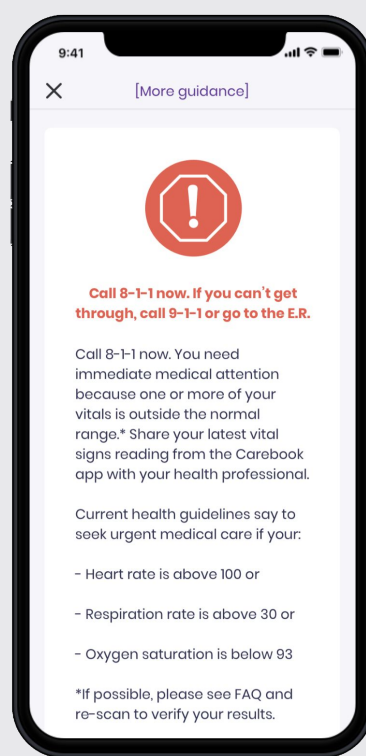
## STEP 4: GUIDANCE



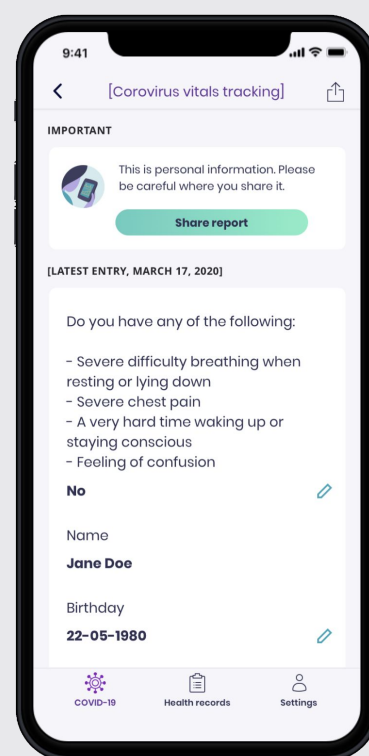
CONFIRMATION



GUIDANCE



HOTLINE



DATA RECORD